

FHSC STROKE CLINICS

- Stroke Clinics are \$30 per clinic per swimmer
 - Checks are made out to “Karl Hodgson”
 - You can pay for all the clinics at once, or one by one.
 - Payment and entry needs to be to Sue or in the Hogbox in the office by end of practice on prior Saturday: Last minute sign-ups give Coach Karl a large headache.
 - There are two sessions each day – 11:00-11:30 and 11:30 -12:00, Monday through Thursday.
 - On the Monday of each clinic, all swimmers will report to the diving board area at 11:00 and Coach Karl will divide them into the appropriate session for that week.
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STROKE CLINIC SIGNUP

Swimmer _____

Backstroke:	June 21 - 24	_____	\$30.00
Breaststroke:	June 28 - July 1	_____	\$30.00
Butterfly:	July 5 - 8	_____	\$30.00
Championship:	July 12 - 15	_____	\$30.00
(starts and turns)			
	TOTAL	_____	

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