



## **Forest Hills 2018 Youth Programs**

**Pee Wee Team – Ages 4-7:** This program is designed to generate enthusiasm for tennis in FHSC's youngest players. We focus on the basics while ensuring a fun atmosphere and a love of the game. Players may sign up for the full 7-week summer session from (June 18<sup>th</sup> – August 5<sup>th</sup>), or **pre-register** for specific weeks.

**Pee Wee Team (ages 4-7)** Tuesday, Wednesday, Thursday 1:00-1:30pm

\$30 per week or \$100 for 7 weeks.

**Bronze Team – Ages 7-12:** This program is for our Quick Start players. Special emphasis will be placed on learning to serve and rally, court awareness and daily FUN! The Quick Start format will be used to speed improvement through match play scenarios and drills. These players will have the opportunity to play in matches with other clubs in our League. Players may sign up for the full 7-week summer session from (June 18<sup>th</sup> -August 5<sup>th</sup>) or **pre-register** for specific weeks.

**Bronze Team (ages 7-12)** Tuesday, Wednesday, Thursday 1:30-2:30pm

\$60 per week or \$200 for 7 weeks

**Gold and Silver Teams – Ages 12-18:** This program is for FHSC's competitive players. **Students must be able to serve and compete on their own to participate in this program.** Practices will focus on developing consistent and technically sound strokes, match strategies and sportsmanship. Team members can put their skills to the test on select days throughout the season in match play against other clubs in our League. At the end of the season the top players from each division will have the opportunity to play in the Inter-Club Tennis Finals. These Teams will run for the full 7-week summer session from (June 18-August 5<sup>th</sup>) or **pre-register** for specific weeks.

**Gold and Silver Teams (ages 12-18)** Tuesday, Wednesday, Thursday 2:30-4:00pm

Friday or Saturday Match (Start Time TBD)

\$80 per week or \$300 for 7 weeks

**TO REGISTER FOR THE ABOVE TEAMS PLEASE CALL THE  
BRC AT 248-644-5683**

We will also be offering a 3-week late summer session (August 6<sup>th</sup> – August 25<sup>th</sup>)

**A summer commitment of eight (8) students per program time will be required to run these programs.**

**FHSC & BRC**

We are continuing our partnership with the Birmingham Racquet Club to bring some unique tennis experiences to our members this summer. Since 2010 the F.H. Tennis program has grown each year and for the past 2 years we have been a member of the Inter-Club Tennis League which consists of 9 teams.

Please read the details below for more information.

Forest Hills children can join in any of the BRC scheduled programming at BRC member pricing. The club offers several class options for junior players throughout the weekdays as well as Saturday. For the competitive player, the BRC Tournament Training Camp from 9 am to 12 pm is a hit. All of these programs are available to FHSC members at BRC membership pricing during the summer months.

**Adult Tennis at BRC**

The Birmingham Racquet Club has great programs that run throughout the summer, like our popular **Cardio Tennis** Fridays from 12-1pm which features a warm-up, cool down and 45 minutes of drills and play that will have you burning so many calories every treadmill in town will be jealous! The club also has a great Saturday Organized Practice (3.5 level & up) from 9-11am, which could be a great way to work on your games while the kids are at swim practice.

Beginner & Intermediate Adult Clinics are also available so check the BRC schedule and get involved!

**Miscellaneous Services at BRC**

The professional staff at the BRC have over 100 years plus of teaching experience and are available to provide private lessons for players of all ages and abilities. Member pricing is available for FHSC members and rates vary between \$75 and \$100 per hour.

FHSC members are welcome to use the courts on a walk-on basis for general play. Members can call ahead to inquire about court availability or can just show up and play if courts are available.

The BRC has a state of the art ball machine that rents for \$10 per hour, or if you wish to purchase a summer ball machine membership package which offers unlimited use, the price is only \$75.

When inquiring about any programs or services at the BRC, simply contact the club via phone at 248-644-5683 or email at [brc@baselinetennis.net](mailto:brc@baselinetennis.net) let them know you are a Forest Hills member and the staff will do their best to accommodate you.

Please feel free to visit our website: [www.birminghamracquetclub.com](http://www.birminghamracquetclub.com)

The Birmingham Racquet Club is closed Sundays during the summer.