



# **Forest Hills**

# **2010 Tennis Program**

## **In partnership with the Birmingham Racquet Club**

There are great opportunities for the members of Forest Hills Swim Club this summer if you are interested in playing tennis! We have partnered with our neighbor, the Birmingham Racquet Club, to bring some unique tennis experiences to our members this summer. Please read the details below as well as review the 2010 Birmingham Racquet Club Summer Brochure.

### **YOUTH TENNIS (Ages 4 to 18)**

- ◆ Forest Hills children can join in any of the BRC scheduled programming at BRC member pricing. The club offers many classes for younger-aged players in the early afternoon between 12 and 1:45 pm on weekdays. There are also programs for children ages 11-18 in the middle to late afternoon based on age and ability level. And for the competitive junior player, the BRC's Tournament Training Camp from 9 am to 12 pm is a hit. All these programs are available to FHSC members at BRC membership pricing.
- ◆ Another great opportunity for our youth will be the creation of the Forest Hills Youth Tennis Team! This program is designed for FHSC youth only and the requirement to participate is that a child must be able to rally a few balls consecutively from the baseline, hit serves and know how to score. If your child meets that criteria, then sign him up for the team! Practices will be Tuesday, Wednesday and Thursday from 1-2:30 for 8-12 year olds and kids ages 13 and up will practice from 2:30 to 4 pm. Matches on Fridays will run from 12 to 2 pm. Dates for the Friday matches TBD. A summer commitment of eight students per practice time will be required to run the program. Please contact John Kayno at BRC or email him at [jkayno@baselinetennis.net](mailto:jkayno@baselinetennis.net) to sign-up for the **FHSC Tennis Team**.

Six Week Season (6/14 to 7/23) - 4.5 hours of practice a week plus Friday matches  
\$199 for the entire program, or weekly sign-up is \$65 per week.

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### **ADULT TENNIS**

- ◆ The Birmingham Racquet Club has great programs that run throughout the summer, like the popular Cardio Tennis which features a warm-up, cool down and 40 minutes of drills and play that will have you burning so many calories every treadmill in town will be jealous! The club also has a great Saturday morning Organized Practice from 9-11 am, which could be a great way to work on your game while the kids are at swim practice.
- ◆ And there are some good programs for the beginner or intermediate adult on either Thursday night or Saturday morning, so check your schedule and get involved!
- ◆ The club will host a Forest Hills Adult Tennis Mixer on Saturday, June 26 at 6 pm. Enjoy a social evening of tennis, food and fun with your fellow Forest Hills members on the courts!

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### **MISCELLANEOUS SERVICES**

- ◆ The professional staff at the BRC have over a 100 years plus of teaching experience and are available to provide private lessons for players of all ages and abilities. Member pricing is available for FHSC members and rates vary between \$70 and \$80 an hour.
- ◆ FHSC members are welcome to use the courts on a walk-on basis for general play. Members can call ahead to inquire about court availability or they can just show up and play if courts are open.
- ◆ The BRC has a state of the art ball machine that rents for \$5 per hour, or if you wish to purchase a summer ball machine membership package which offers unlimited use, the price is only \$60!
- ◆ When inquiring about any programs or services at the BRC, simply contact the tennis club via phone at 248.644.5683 or email at [brc@baselinetennis.net](mailto:brc@baselinetennis.net), let them know you are a Forest Hills member and the staff will do their best to accommodate you. Please note that sign ups for the youth team only will be done at FHSC, but sign ups for all other youth or adult programs will be done through BRC.
- ◆ The Birmingham Racquet Club is closed Sundays during the summer.

Other information about the BRC, along with their professional staff biographies, can be found on their website: [www.birminghamracquetclub.com](http://www.birminghamracquetclub.com)

**Take advantage of our new tennis partner... the Birmingham Racquet Club!**

